

# Docosahexaenoic acid contributes to increased CaMKII protein expression and a tendency to increase nNOS protein expression in differentiated NG108-15 cells

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**SUMMARY** Docosahexaenoic acid (DHA; 22:6n-3), an *n*-3 polyunsaturated fatty acid, has various important roles in brain functions. Nitric oxide (NO) produced by neuronal NO synthase (nNOS) and Ca<sup>2+</sup>/calmodulin-dependent protein kinase II (CaMKII) is also involved in brain functions. We investigated the influence of DHA on nNOS and CaMKII protein expression in differentiated NG108-15 cells. NG108-15 cells were seeded in 12-well plates, and after 24 h, the medium was replaced with Dulbecco's modified Eagle's medium containing 1% fetal bovine serum, 0.2 mM dibutyryl cyclic adenosine monophosphate and 100 nM dexamethasone as differentiation-inducing medium. When cells were cultured in differentiation-inducing medium, neurite-like outgrowths were observed on days 5 and 6. However, no significant difference in morphology was observed in cells with or without DHA treatment. With or without DHA addition, nNOS protein expression was increased on days 5 and 6 compared with day 0. This increase tended to be enhanced by DHA. CaMKII protein expression did not change after differentiation without DHA, but was significantly increased on day 6 compared with day 0 with DHA addition. These data indicate that DHA is involved in brain functions by regulating CaMKII and nNOS protein expression.

**Keywords** DHA, *n*-3 polyunsaturated fatty acids, neuronal cell, nNOS, CaMKII

## 1. Introduction

In the brain, nitric oxide (NO) plays important roles in neural development, neuroprotection, synaptic plasticity, long-term potentiation, learning, and memory (1-4). NO is synthesized from L-arginine by NO synthases (NOSs). Three NOS isoforms have been characterized, namely neuronal NOS (nNOS), endothelial NOS, and inducible NOS (5,6). In particular, nNOS has been found in neuronal tissue (7,8). The activity of this enzyme requires Ca<sup>2+</sup> and calmodulin (8). Ca<sup>2+</sup>/calmodulin-dependent protein kinase II (CaMKII) is highly expressed in the brain (9-11). Neuronal activation induces CaMKII to translocate from the cytoplasm to the active zone at presynaptic membranes and the postsynaptic density (12,13). Presynaptic CaMKII regulates neurotransmitter synthesis and release (14). CaMKII is an important protein of synaptic plasticity (15).

Polyunsaturated fatty acids are essential components of membrane lipids in the mammalian brain. Docosahexaenoic acid (DHA), an *n*-3 polyunsaturated fatty acid, is a phospholipid component of the cell

membrane, which is particularly abundant in neuronal tissues and essential for neuronal functions including neurite outgrowth, synaptic plasticity, behavior, mood regulation, learning, and memory (11,16-20).

In this study, we examined the effect of DHA addition to differentiation-inducing medium on nNOS and CaMKII protein expression in the neuroblastoma-glioma hybrid cell line NG108-15.

## 2. Materials and Methods

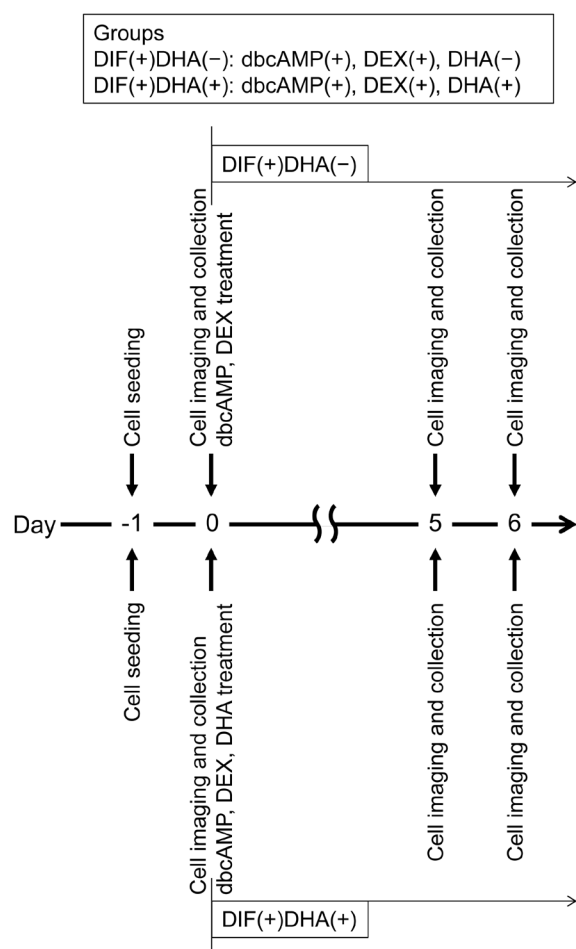
### 2.1. Materials

NG108-15 cells were purchased from the American Type Culture Collection (Manassas, VA, USA). Cell culture medium and dexamethasone (DEX) were purchased from Fujifilm Wako (Osaka, Japan). Fetal bovine serum (FBS) was purchased from Gibco (Grand Island, NY, USA). Penicillin and streptomycin were purchased from Nacalai Tesque (Kyoto, Japan). HAT supplement (hypoxanthine, aminopterin, and thymidine, 50×) was purchased from MP biomedical (Santa

Ana, CA, USA). DHA was purchased from Cayman (Ann Arbor, MI, USA). Dibutyryl cyclic adenosine monophosphate (dbcAMP) was purchased from Sigma (St. Louis, MO, USA).

## 2.2. Cell culture and microscopy

NG108-15 cells were grown and maintained in high-glucose Dulbecco's modified Eagle's medium (DMEM) containing 10% FBS, HAT (0.1 mM hypoxanthine, 0.4  $\mu$ M aminopterin, and 16  $\mu$ M thymidine), 100 U/mL penicillin, and 100  $\mu$ g/mL streptomycin at 37°C with 5% CO<sub>2</sub>. Figure 1 shows the study design. Cells were seeded in 12-well plates 5000 cells/cm<sup>2</sup>. After 24 h, the medium was replaced with DMEM supplemented with 1% FBS, 1% HAT, 100 U/mL penicillin, 100  $\mu$ g/mL streptomycin, 10  $\mu$ M  $\alpha$ -tocopherol, 0.2 mM dbcAMP, and 100 nM DEX, which was added to induce differentiation (21,22). DHA (2  $\mu$ M) bound to 0.05% fatty acid-free bovine serum albumin was added to the appropriate treatment groups. Then, the cells were



**Figure 1. Cell culture and treatment.** The day after seeding cells (day 0), differentiation medium and/or docosahexaenoic acid were added. At day 6, cells were observed by microscopy and collected. DIF, differentiation medium; DHA, docosahexaenoic acid; DEX, dexamethasone; dbcAMP, dibutyryl cyclic AMP.

cultured for 5 or 6 days. Microscopy performed under an Axiovert200 (Carl Zeiss, Oberkochen, Germany).

## 2.3. Preparation of samples for western blotting

Cells were harvested in ice-cold lysis buffer (20 mM Tris-HCl, pH 7.5, 150 mM NaCl, 1 mM Na<sub>2</sub>EDTA, 1 mM EGTA, 1% Triton X-100, 2.5 mM sodium pyrophosphate, 1 mM  $\beta$ -glycerophosphate, 1 mM Na<sub>3</sub>VO<sub>4</sub>, 1  $\mu$ g/mL leupeptin, and 1 mM PMSF), and the samples were sonicated. The protein concentration was determined with a BCA protein assay kit (Pierce, Rockford, IL, USA) using bovine serum albumin as the standard (23).

Aliquots were mixed with concentrated sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) sample buffer (final concentrations: 62.5 mM Tris-HCl, pH 6.8, 2% 2-mercaptoethanol, 10% glycerol, 2% SDS, and 10% bromophenol blue).

## 2.4. Western blotting

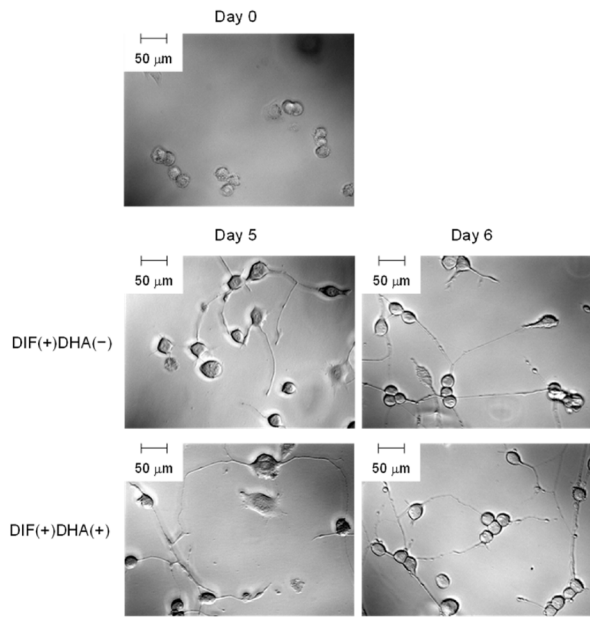
For SDS-PAGE, samples containing equal amounts of protein were loaded onto 10% SDS-polyacrylamide gels and subsequently transferred to polyvinylidene fluoride (PVDF) membranes. The membranes were blocked with PVDF blocking reagent (Toyobo, Osaka, Japan) and then incubated overnight at 4°C with primary antibodies [nNOS (#4236, Cell Signaling Technology, Danvers, MA, USA), CaMKII (#3362, Cell Signaling Technology), and  $\beta$ -actin (Sigma)]. The membranes were then incubated with horseradish peroxidase-conjugated secondary antibodies (Dako, Glostrup, Denmark) and developed with SuperSignal West Pico (Thermo Fisher, Waltham, MA, USA) or ImmunoStar LD reagents (Fujifilm Wako). Signal detection and quantification of the band intensity were performed using an Amersham Imager 680 (Cytiva, Marlborough, MA, USA).

## 2.5. Statistical analysis

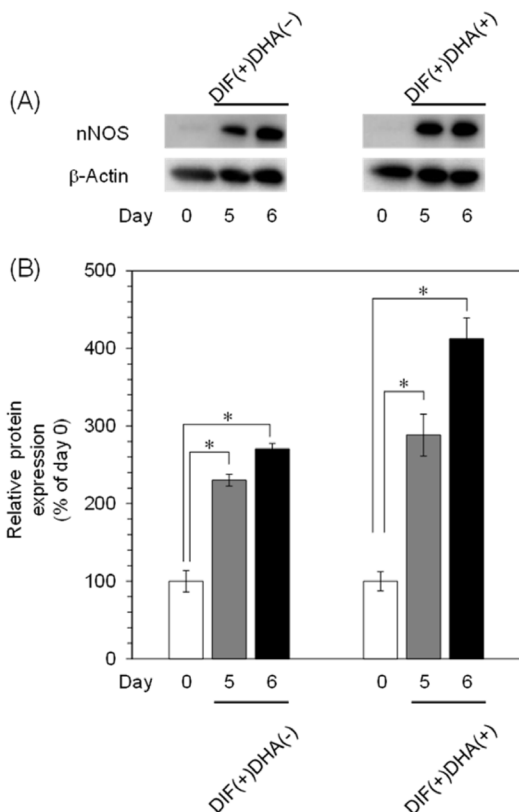
Significant differences among day 0, 5, and 6 values within each group were evaluated by Fisher's test and between the DIF(+)/DHA(-) and DIF(+)/DHA(+) groups within each day were evaluated by Student's *t* test.  $p < 0.05$  was considered significant. Excel-Toukei software (2012, Social Survey Research Information Co., Ltd., Tokyo, Japan) was used for the statistical analysis.

## 3. Results and Discussion

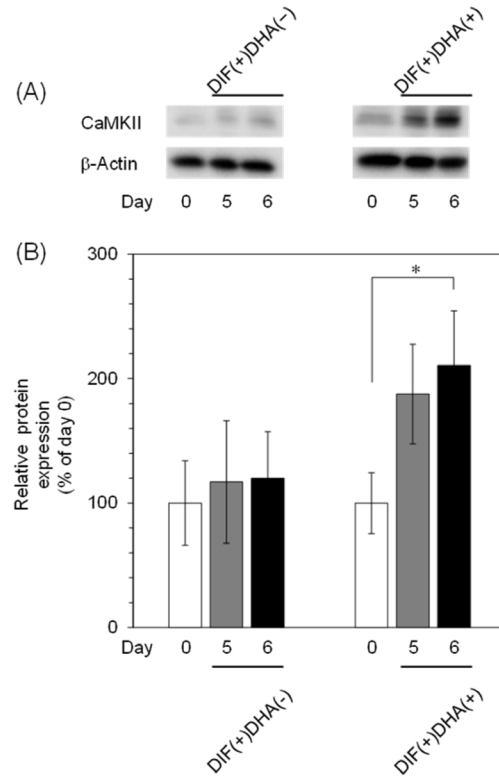
To determine the effects of DHA on differentiated NG108-15 cells, we investigated nNOS and CaMKII protein expression on day 0 (undifferentiated) and days 5 and 6 (differentiated). This cell line is known to differentiate on days 4-6 of induced differentiation,



**Figure 2. Microscopy observation of NG108-15 cells.** The upper micrograph shows the day 0 (undifferentiated), the middle micrograph shows the DIF(+)/DHA(-) group, and the lower micrograph shows the DIF(+)/DHA(+) group.



**Figure 3. Western blot analysis of nNOS expression in NG108-15 cells on days 0 (undifferentiated), 5, and 6 of differentiation.** (A) Representative western blots of nNOS and β-actin. (B) Semiquantitative analysis of nNOS/β-actin. Each column and bar represents the mean and SEM of four individual experiments. (\*  $p < 0.05$ ) nNOS, neuronal NO synthase; DIF, differentiation medium; DHA, docosahexaenoic acid; DEX, dexamethasone; dbcAMP, dibutyryl cyclic AMP.



**Figure 4. Western blot analysis of CaMKII expression in NG108-15 cells on days 0 (undifferentiated), 5, and 6 of differentiation.** (A) Representative western blots of CaMKII and β-actin. (B) Semiquantitative analysis of CaMKII/β-actin. Each column and bar represents the mean and SEM of four individual experiments (\*  $p < 0.05$ ). CaMKII  $Ca^{2+}$ /calmodulin-dependent protein kinase II; DIF, differentiation medium; DHA, docosahexaenoic acid; DEX, dexamethasone; dbcAMP, dibutyryl cyclic AMP.

and the changes on days 0, 5, and 6 were confirmed to assess time dependency.

Figure 2 shows micrographs of the cell morphology. Neurite outgrowth occurred on days 5 and 6 of differentiation. However, no significant morphological changes due to DHA addition were observed on days 5 or 6.

Figure 3 shows nNOS protein expression in NG108-15 cells after incubation for 5 or 6 days in differentiation-inducing medium. In the DIF(+)/DHA(-) group, nNOS protein expression was increased on days 5 and 6 compared with day 0. Additionally, in the DIF(+)/DHA(+) group, nNOS protein expression was increased on days 5 and 6 compared with day 0. These increases tended to be enhanced by DHA addition.

Figure 4 shows CaMKII protein expression in NG108-15 cells. No significant difference was observed in the DIF(+)/DHA(-) group even on days 5 and 6 after treatment. However, in the DIF(+)/DHA(+) group, a significant increase was observed on day 6 compared with day 0, and a non-significant tendency to increase was observed on day 5 compared with day 0. However, the expressions of nNOS and CaMKII were not significantly different between DIF(+)/DHA(-) and

DIF(+)/DHA(+) groups on day 5 and 6.

nNOS protein expression was increased on days 5 and 6 compared with day 0 by differentiation without DHA. These increases tended to be enhanced by DHA (Figure 3). CaMKII protein expression was increased on day 6 compared with day 0 by differentiation with DHA, but its expression in the DHA(−) group did not change from day 0 to days 5 and 6. (Figure 4). Therefore, nNOS and CaMKII protein expression in NG108-15 cells was simultaneously affected by DHA.

It has been reported that DHA regulates the expression of several transcription factors. For example, it has been reported that DHA increases the expression of NeuroD, a transcription factor, which is involved in neural differentiation (24). It has also been reported that DHA increases the expression of several proteins *via* the tyrosine kinase receptor B (trkB) – extracellular signal-regulated kinase (ERK)1/2 – cAMP-response element binding protein (CREB) pathway (25). In this study, it may be that the protein levels of CaMKII and nNOS were changed by being involved in these pathways and/or other transcriptional regulation.

Long-term potentiation (LTP) of hippocampal synaptic transmission plays a role in the mechanism of learning memory. Glutamate receptors are involved in LTP induction. Glutamate receptors are ionotropic or G protein-coupled receptors, and the ionotropic NMDA receptor and its downstream CaMKII pathway play an important role in LTP induction (26), learning, and memory (27). Additionally, nNOS/endothelial NOS double mutations reduce hippocampal LTP in mice (4). It has also been reported that the NMDA receptor-nNOS pathway acts in the induction of presynaptic plasticity (28). Several studies have reported that CaMKII and nNOS act in concert with each other (29,30), and colocalization of CaMKII, nNOS, and postsynaptic density 95 is important for acting together in a coordinated manner (31). nNOS activity is suppressed by phosphorylation of Ser845 by CaMKII (29). NO overproduced during ischemia suppresses CaMKII activity *via* S-nitrosylation of Cys6 (30). It has been reported that nNOS and CaMKII may perform appropriate functions by coordinating their activities with each other (32).

Several studies have reported that DHA is involved in neuroplasticity, LTP, learning, and memory (11,19,20). Although our experiments were performed in cells, addition of DHA caused a significant increase in CaMKII protein expression and a tendency to increase nNOS protein expression. Our findings and those in other reports (11,19,20) suggest that recovery of synaptic plasticity and learning memory by *n*-3 fatty acids is affected by regulation of nNOS and/or CaMKII expression by *n*-3 fatty acids. We believe that further research, including gene expression, phosphorylation, and intracellular localization of nNOS and CaMKII *in vitro* and *in vivo*, may reveal the mechanisms by which

DHA plays several roles in brain functions.

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**Conflict of Interest:** The authors have no conflicts of interest to disclose.

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