

Impact of anesthesia on postoperative breast cancer prognosis: A narrative review

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SUMMARY The incidence of breast cancer has exhibited an annually increasing trend, and the disease has become the most common malignant tumour worldwide. Currently, the primary treatment for breast cancer is surgical resection. However, metastatic recurrence is the main cause of cancer-related death in this patient population. Various factors are associated with breast cancer prognosis, and anaesthesia-induced changes in the tumour microenvironment have attracted increasing attention. To date, however, it remains unclear whether anaesthetic drugs have a positive or negative impact on cancer outcomes after surgery. The present article reviews the effects of different anaesthetics on the postoperative prognosis of breast cancer surgery to guide the choice of anaesthetic technique(s) and agents for such patients.

Keywords breast cancer, metastatic recurrence, anesthesia, techniques, agents

1. Introduction

Breast cancer is one of the primary causes of cancer-related death among females (1). Although surgical resection of breast cancer is the first-line treatment, other therapies, such as chemotherapy and radiation therapy, continue to play important roles (2). Mortality associated with breast cancer is attributable to recurrence and distant organ metastasis, with five-year survival rates ranging from 69.5% to 93.8% (3,4). Perioperative interventions produce substantial biological perturbations associated with the risk for recurrence after cancer surgery. Whether tumours recur or metastasise depends on the balance between immune capacity of the host and the progression of residual disease. Studies have shown that surgical stress and intraoperative anaesthesia impair host immunity (5). Previous studies have suggested that general anaesthetics can affect cancer progression (6,7). Several preclinical models have demonstrated that inhaled anaesthetics inhibit natural killer (NK) cell- and T lymphocyte-mediated immunity, resulting in increased metastasis (8). The present article reviews the effect of anaesthetics used during breast cancer surgery on breast cancer recurrence and survival and discusses the current status and future prospects of anaesthesia in breast cancer.

2. Inhalation anaesthesia

Inhalational anaesthetics are inhaled into the lungs

through the respiratory tract to induce general anaesthesia (GA). Inhalational halogenated hydrocarbon anaesthetics, including isoflurane and sevoflurane, are known to provide a degree of cytoprotection to organs, including the heart, brain, and kidneys, and to reduce both infarct size and functional impairment in models of ischaemia-reperfusion injury (9,10).

However, animal and *in vitro* studies have shown that the use of volatile anaesthesia in cancer surgery may be associated with poorer cancer outcomes. In anaesthesia-induced immunosuppression, inhalation anaesthetics, such as sevoflurane, suppress cell-mediated immunity and promote tumour cell proliferation and angiogenesis. Sevoflurane induces the apoptosis of T lymphocytes and upregulates the expression of hypoxia-inducible factor-1 α (HIF-1 α) *in vitro*, whereas other inhalation anaesthetics, including isoflurane and desflurane, upregulate HIF-1 α expression *in vitro* and *in vivo* (11,12) (Figure 1). In an *in-vitro* model of breast cancer cell function, sevoflurane increased proliferation, migration, and invasion in estrogen receptor (ER)-positive MCF7 cells, and increased proliferation and migration, but not invasion, in ER-negative cells (13). Jaura *et al.* found that serum from patients administered sevoflurane anaesthesia and opioids for primary breast cancer surgery reduced apoptosis in ER-negative breast cancer cells to a greater extent than serum from those administered propofol paravertebral anaesthesia (14). Similarly, clinical studies have reported that survival after cancer surgery is worse in patients who receive

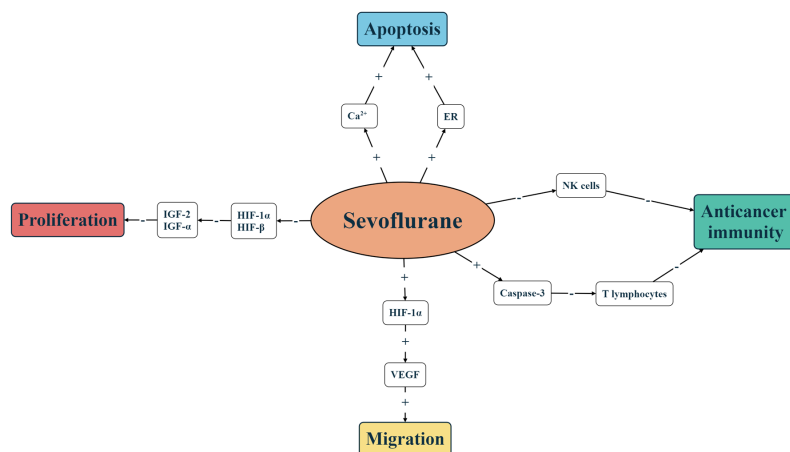


Figure 1. Mechanisms of sevoflurane on anticancer immunity, breast cancer cell proliferation, migration and apoptosis (11-13). ER, endoplasmic reticulum; NK cells, natural killer cells; IGF, insulin-like growth factor; HIF, hypoxia inducible factor; VEGF, vascular endothelial growth factor.

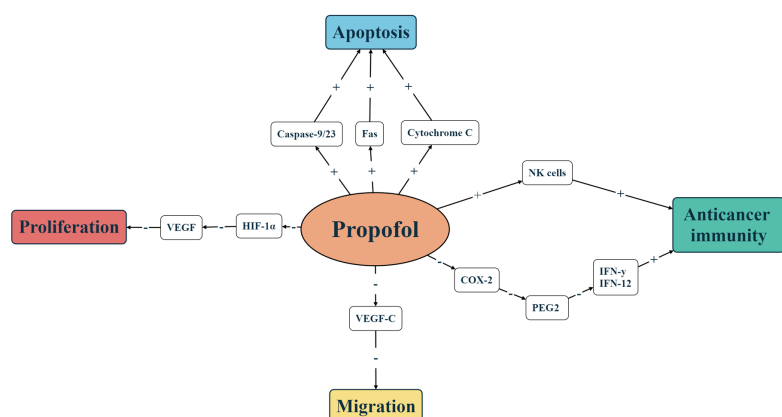


Figure 2 Mechanisms of propofol on anticancer immunity, breast cancer cell proliferation, migration and apoptosis (23,24,26). Fas, a cell surface death receptor; NK cells, natural killer cells; VEGF, vascular endothelial growth factor; HIF, hypoxia inducible factor; COX-2, cyclooxygenase-2; PEG2, prostaglandin E2; IFN, interferon.

inhalation anaesthesia than in those who receive total intravenous anaesthesia (TIVA) (15). Buckley also found that volatile inhalation anaesthesia and propofol had different effects on NK cell function in patients undergoing breast cancer surgery, with the former being shown to result in significant reductions (16). At the same time, relevant clinical studies have also confirmed that, in terms of survival rate after breast cancer surgery, the use of sevoflurane is not superior to propofol-based anaesthesia (17,18).

Paradoxically, inhalation anaesthesia does not always lead to worse prognosis in those with breast cancer. In a study investigating the effect of anaesthesia techniques on circulating tumour cell counts in breast cancer, the type of anaesthesia did not affect circulating tumour cell counts over time, although the administration of sevoflurane resulted in a significant increase in postoperative maximum tumour cell counts (19). Moreover, different inhalation anaesthetic gases are associated with varying prognoses after breast cancer surgery. Compared with sevoflurane, xenon reduces cell migration and secretion of proangiogenic factors in breast adenocarcinoma cells, thereby reducing the recurrence rate of tumour metastasis after breast cancer surgery (20). Relevant studies have also confirmed no significant difference in postoperative survival between different anaesthesia methods, whether inhalation or intravenous (21,22).

3. Intravenous anaesthesia

Anaesthetic drugs that are injected intravenously into the body and act on the central nervous system through the blood circulation to produce general anaesthetic effects are known as intravenous anaesthetics. Commonly used intravenous anaesthetics include thiopentone, ketamine, etomidate and propofol. A recent study confirmed the high priority of propofol in oncological surgery, and may also be a promising immunomodulatory drug for tumour therapy (23).

Studies have shown that propofol exerts antitumour effects through various mechanisms, including the inhibition of tumour viability, tumour progression, and cancer cell invasion (24,25) (Figure 2). For example, propofol-induced apoptosis has been observed in murine leukaemia RAW264.7 cells *in vitro* through altered levels of apoptosis-associated proteins, resulting in the induction of apoptotic gene expression and inhibition of cell growth (26). In *in vitro* models of breast cancer, 10% serum from patients receiving propofol anaesthesia reduced cancer cell proliferation, but not migration, compared with that from patients receiving sevoflurane anaesthesia (27). *In vitro* model breast cancer cells are highly aggressive and have a worse overall prognosis than ER-positive breast cancer. Therefore, the ability to attenuate proliferation or migration of this highly aggressive cell line by safely and easily altering the

manner in which anaesthesia is administered during primary cancer surgery has strong clinical implications (27). A retrospective analysis revealed that propofol may have a survival advantage over sevoflurane in patients with breast cancer (28). Propofol-based TIVA for breast cancer surgery may reduce the risk for recurrence within the first five years after modified radical mastectomy (29). Compared with sevoflurane inhalation anaesthesia, propofol TIVA can effectively inhibit the release of vascular endothelial growth factor-C (VEGF-C) induced by breast cancer surgery, thereby inhibiting tumour growth and metastasis (30).

However, in some studies, there was no significant difference in prognosis after breast cancer surgery between the two drugs. In patients undergoing primary breast cancer surgery, the use of either sevoflurane or propofol without regional anaesthesia did not appear to affect the risk for recurrence after one year (31). In a study investigating breast cancer surgery, Huang *et al.* (32) reported that propofol-based TIVA did not improve postoperative survival. This may be related to the fact that anaesthetics have little effect on perioperative immune activity during cancer surgery (33). The same situation occurred in a study by Kim *et al.*, in which five-year overall survival after breast cancer surgery was not associated with the choice of general anaesthetic (34). Results comparing the effect of anaesthetics (mainly propofol versus sevoflurane) on prognosis after breast cancer surgery are summarised in Table 1. These inconsistent results may be explained by the fact that multiple factors affecting cancer surgery prognosis must be considered.

4. Opioids

Opioids are commonly used in combination with inhalation anaesthetics as analgesics and sedatives for GA. However, non-synthetic and synthetic opioids can suppress cell-mediated immunity depending on the dose and duration of use (35). For example, morphine stimulates the growth of tumour cells *in vitro*, and synthetic opioids, such as fentanyl and remifentanyl, inhibit cell-mediated immunity. Most opioids inhibit T lymphocyte proliferation (36).

In particular, data from animal and *in vitro* models suggest a role for opioids in the promotion of tumour cell survival and angiogenesis. In immune cells, stimulation of m-opioid receptors reduces the release of cytokines and decreases macrophage and lymphocyte proliferation (37). Opioids have been shown to drive breast cancer metastasis through δ-opioid receptors and oncogenic signal transducer and activator of transcription 3 (STAT3) (38). At clinically relevant doses, morphine has been associated with microvascular endothelial cell proliferation, angiogenesis, and vascularisation of human breast tumour xenografts in mouse models (39). *In vivo* studies investigating breast cancer xenograft models

Table 1. Studies comparing effects of propofol versus sevoflurane on prognosis of breast cancer

Research Type	Country	Cancer	Anesthetic Technique	Number of patients	Evaluations	Outcomes
Retrospective clinical studies	Korea, 2016 (29)	Breast cancer	Propofol vs. sevoflurane	363 (173 vs. 152)	Rate of cancer recurrence; overall survival rate.	Propofol was superior to sevoflurane; no difference.
Retrospective clinical studies	Sweden, 2014 (17)	Breast cancer	Propofol vs. sevoflurane	1,837 (620 vs. 1217)	One-year and 5-year survival rate.	One-year survival rate: propofol was superior to sevoflurane; 5-year survival rate: no difference.
Retrospective clinical studies	UK, 2016 (18)	Mixed cancer	Total intravenous anesthesia (TIVA) vs. volatile inhalational anesthesia (INHA)	7,030 (3,714 vs. 3,316) (2,607 in each group after PS matching)	One-year survival rate and overall mortality rate.	TIVA was superior to INHA.
Retrospective clinical studies	Korea, 2015 (22)	Breast cancer	Propofol vs. sevoflurane	325 (173 vs. 152)	Five year-recurrence-free survival and overall survival.	Five year-recurrence-free survival: propofol was superior to sevoflurane; 5 year-overall survival: no difference.
Retrospective clinical studies	Sweden, 2020 (28)	Breast cancer	Propofol vs. sevoflurane	6,305 (3,096 vs. 3,209)	Five-year survival rate.	Propofol was superior to sevoflurane.
Retrospective clinical studies	Japan, 2020 (31)	Breast cancer	Propofol vs. sevoflurane	1,034 (814 vs. 220)	One-year survival rate.	No difference.
Retrospective clinical studies	Taiwan China, 2019 (32)	Breast cancer	Propofol vs. desflurane	976 (344 vs. 632)	Mortality rate; 5-year survival rate.	No difference.
Randomized controlled trials	Switzerland, 2020 (19)	Breast cancer <i>in vitro</i>	Propofol vs. sevoflurane	210 (103 vs. 107)	Circulating tumor cell counts at three time points postoperatively (0, 48, and 72 h)	There was no difference between these two groups with respect to circulating tumor cell counts.
Randomized controlled trials	Ireland, 2009 (27)	Breast cancer <i>in vitro</i>	Propofol/paravertebral vs. sevoflurane/optoid	22 (11 vs. 11)	The proliferation/migration of MDA-MB-231 cells	Propofol/paravertebral anesthesia for breast cancer surgery inhibited proliferation, but not migration.
Randomized controlled trials	Ireland, 2014 (20)	Breast cancer <i>in vitro</i>	Sevoflurane vs. xenon	/	Cell viability; migration at 24h	Xenon was superior to sevoflurane.

Notes: PS, propensity scores

(using human MCF-7 and MDA-MB-231 cells) revealed that prolonged application of subcutaneous morphine sulfate at therapeutic doses accelerated breast tumour growth and increased tumour growth vascularisation (40).

However, the association between opioids and breast cancer progression remains controversial. Preclinical studies have suggested that high-dose morphine and other opioids have antiangiogenic and proapoptotic properties (41). An *in vitro* study reported that papaverine radio-sensitizes lung and breast cancer cells by targeting mitochondrial complex-I (42). In a cohort study from Denmark, there was no association between opioids and breast cancer recurrence, regardless of opioid type, intensity, duration of use, or cumulative dose (43). Studies have confirmed that intraoperative opioids have a protective effect on recurrence-free survival in triple-negative breast cancer (44). Another study indicated that fentanyl plays an antitumour role by inducing apoptosis and reducing the number of cancer stem cells in human breast adenocarcinoma cells (45). In a study by Boudreau *et al.*, involving 4,216 females with a history of breast cancer, chronic opioid consumption, defined as opioid consumption over a 150-day period, did not increase the risk for new secondary breast cancers during a median follow-up of six years (46). Tramadol is an atypical opioid analgesic that has demonstrated antitumour effects in breast cancer cells both *in vitro* and *in vivo* (47,48). A retrospective analysis revealed that tramadol use was associated with reduced breast cancer recurrence and mortality rates in patients who underwent breast cancer surgery (47).

Therefore, further observational studies are warranted. Currently, there is no clear evidence suggesting that opioid use should be avoided in patients with breast cancer due to concerns about the risk for breast cancer recurrence (49).

5. GA adjuvants

Dexmedetomidine (DEX) is a selective α_2 -adrenergic receptor agonist that exerts analgesic and antiemetic effects and can be used as an anaesthetic adjuvant in cancer surgery. As an adjuvant to anaesthetics, it reduces the use of analgesics, such as tramadol, morphine, and fentanyl, prolongs the time to first analgesic request, and relieves postoperative pain (50). Furthermore, DEX administration has been shown to enhance host protective immunity, including increases in NK and CD4-positive(+) cells and CD4/CD8 and T-helper cell (Th)1/Th2 ratios *via* suppression of the hypothalamic-pituitary-adrenal (HPA) axis and sympathetic nervous system (SNS) stimulation of the surgical stress response during cancer surgery (51). To a certain extent, this is beneficial in cancer surgery to prevent tumour recurrence and metastasis. However, DEX has also been reported to exert tumour-promoting effects. *In vitro* studies have shown that it promotes the proliferation, migration,

and invasion of breast cancer cells by activating the A2B adrenergic receptor/ERK signalling pathway (52). Similar results were obtained in an *in vitro* study (53).

Nonsteroidal anti-inflammatory drugs (NSAIDs) are increasingly used to treat postoperative pain and are also commonly used in female breast surgery (54). In patients undergoing mastectomy, postoperative analgesia using flurbiprofen axetil combined with fentanyl was associated with decreases in serum concentrations of VEGF-C, tumour necrosis factor- α , and interleukin- 1β compared with patients receiving fentanyl only (55). Relevant studies have shown that flurbiprofen can reduce the serum concentrations of these factors, most likely due to its ability to reduce the use of opioids (56). Opioids have been shown to exert some immunosuppressive effects. Recent evidence suggests that perioperative NSAIDs (flurbiprofen axetil and ketorolac) may be associated with decreased breast cancer recurrence by inhibiting proinflammatory and protumorigenic factors in patients undergoing surgery (57), consistent with a previous view by Forget *et al.* (58).

6. Other anaesthesia techniques

Regional anaesthesia has been consistently shown to attenuate the neuroendocrine response to surgery and, therefore, perioperative immunosuppression (59,60). It may also reduce the amount of GA required intraoperatively, provide excellent analgesia, and reduce opioid consumption. Compared with GA, regional (spinal) anaesthesia attenuates tumour metastasis in rats inoculated with a strain of breast adenocarcinoma (61). In breast cancer, VEGF-C, transforming growth factor- β , placental growth factor, and fibroblast growth factor (acidic and basic) promote angiogenesis and metastases (62). A propofol-paravertebral anaesthetic (PPA) technique would attenuate postoperative changes in these angiogenic factors to a greater extent than balanced GA and morphine analgesia in females undergoing surgery for primary breast cancer (63). These findings suggest that patients who received PPA anaesthesia had higher NK cell activity than those in the GA trial arm (16). Serum inoculated into the endoplasmic reticulum of the ER-negative MDA-MB-231 breast cancer cell line induced less apoptosis in the GA group than in the PPA group (63). However, in some cases, regional anaesthesia does not always have a positive effect. Regional anaesthesia analgesia (paravertebral block and propofol) did not reduce breast cancer recurrence after potentially curative surgery compared with volatile anaesthesia (sevoflurane) and opioids (64).

To some extent, local anaesthesia also controls breast cancer metastasis through the principle of local anaesthetics, such as lidocaine, which blocks voltage-gated sodium channels (65-67). This was also confirmed by *in vitro* experiments (68), which demonstrated the benefits of local anaesthesia in breast cancer surgery.

7. Conclusion

Current randomised controlled studies do not provide sufficient evidence to suggest that anaesthesia techniques are associated with recurrence rates or long-term outcomes in patients undergoing breast cancer surgery. Both preclinical and clinical studies have provided conflicting data regarding the effects of inhalation anaesthetics, propofol, and opioids on immune response and breast cancer growth. There is a strong correlation between patient underlying condition (69,70), cancer grade, risk for cancer recurrence, and postoperative death (4). Interestingly, in the clinical studies reviewed here, it was found that the same anaesthetic drug exhibited inconsistent associated prognosis in different types of cancer surgery. A simple comparison of sevoflurane and propofol in breast cancer surgery does not clearly indicate which of the two is superior. Furthermore, other GA adjuvant drugs also demonstrate bilateral effects, and only local anaesthesia can more clearly indicate its ability to improve prognosis in breast cancer surgery. However, due to the lack of multicentre or multi-country large clinical trials, it is not possible to draw definitive conclusions regarding which anaesthetic is more favourable for the long-term effect of breast cancer recurrence and metastasis. The above comparison results present certain challenges for anaesthesiologists in selecting appropriate anaesthetic drugs for breast cancer surgery. It is worth exploring whether the different effects of drugs on breast tumour subtypes should be considered while assessing the basic situation of patients and whether there are inconsistent signalling pathway mechanisms. As such, it cannot be ruled out that all perioperative factors comprehensively affect prognosis after breast cancer surgery.

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